



## BOARD OF HEALTH

TOWN OF MILFORD, MASSACHUSETTS 01757

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## Advisory: Face Coverings for Everyone

The Milford Board of Health recommends all residents wear cloth face coverings when they are outside of their home or dwelling for any reason. This applies to everyone in indoor *and* outdoor places regardless of whether they are publicly or privately owned. Wearing a cloth face covering should be done in addition to maintaining the minimum six (6) foot social distance.

### Why?

This advisory is aligned with guidance from the Centers for Disease Control and Prevention; ***COVID-19 can be spread by people with no symptoms but who have the virus.*** It is especially important to wear cloth face coverings where social distancing is difficult, such as during essential trips to grocery stores or pharmacies.

### How?

Residents may make masks from bandanas, T-shirts, napkins, and other spare cloth that has been cleaned and dried on high heat. These cloth face coverings are not surgical masks or N-95 respirators, which should be reserved for healthcare workers and medical first responders.

The Milford Youth Center has given out 600 hundred masks to families, employees, senior citizens, and volunteers throughout town.

***Importantly, please wash hands immediately after removing face coverings, masks, and gloves.***

### When?

Any time residents are outside of their home or dwelling, masks are recommended until further notice.

### Who?

This advisory applies to all residents with very few exceptions. Cloth face coverings should not be placed on young children under age two (2) or anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.