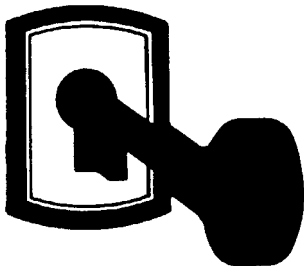


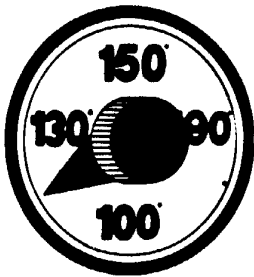
PREVENT BURNS!

Lock up dangerous items. Keep out of children's reach. **Fire kills. Fire can hurt for life.**



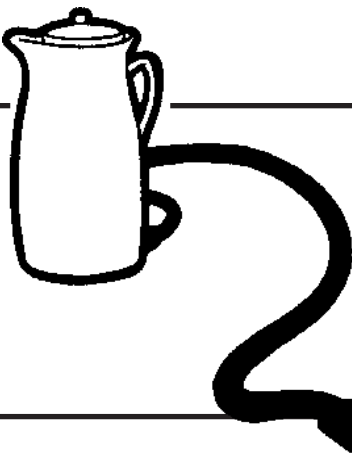
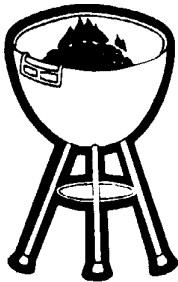
Keep hot liquids out of reach of children.

Turn **down** water heater to less than 130°. Higher temperatures can cause third degree burns (the worst) in two seconds!



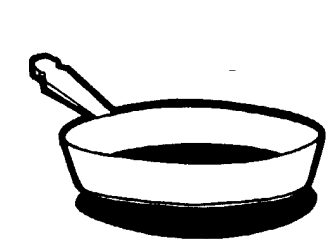
Stay away from burner or flame. Don't wear loose clothing near fire.

Keep children away from stoves, outdoor grills, campfires, and fireplaces.



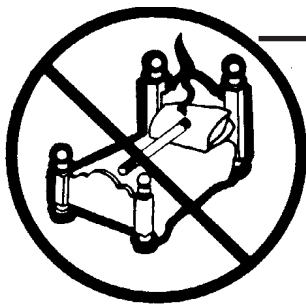
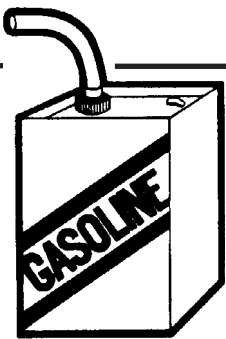
Don't let appliance cords dangle where children can reach them.

Always turn off an iron when it's unattended.



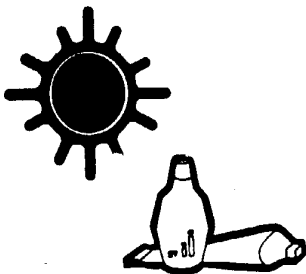
Turn pot handles toward the back of the stove.

Never use gasoline to start a fire. Use starter fluid with care.



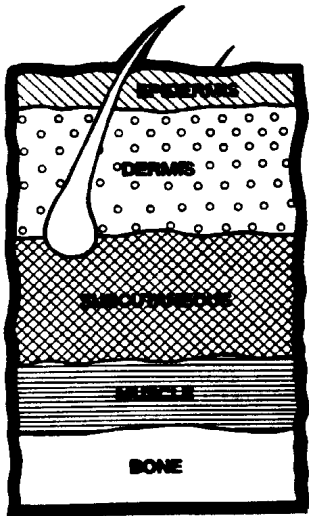
Never smoke in bed.

Protect your skin from the sun. Use tanning products with a high SPF rating.



KINDS OF BURNS

FIRST DEGREE: Epidermis (top layer of skin) is damaged. Skin is red and may swell. Victim feels pressure and pain.



SECOND DEGREE: Epidermis and dermis (second layer of skin) damaged. Blistering may occur.

THIRD DEGREE: Epidermis, dermis, and nerve endings destroyed. Victim may or may not

feel pain. Skin is discolored (white, brown, black or red) and leathery in texture. Muscle, fat, and bone may also be destroyed.



BURN SAFETY

**National Burn
Awareness Week**
February 7-13, 2010

Please contact the Burn Center for permission to
reproduce any part of this brochure.

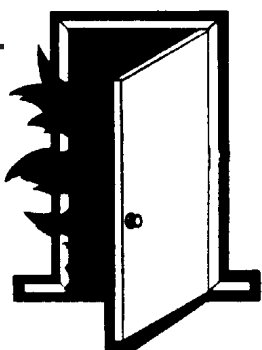
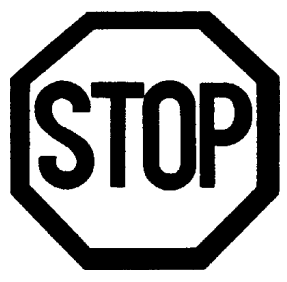
Office of the State Fire Marshal
Department of Fire Services
P.O. Box 1025
Stow, MA 01775
www.mass.gov/dfs

The Burn Center
Hennepin County Medical Center
701 Park Avenue
Minneapolis, Minnesota 55415
612-347-2915

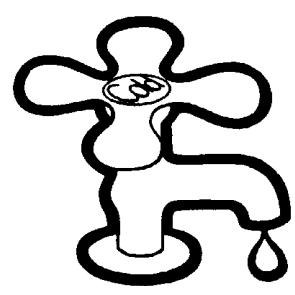
Reprinted with permission from:

FIRST AID FOR BURNS

Stop, drop and roll!

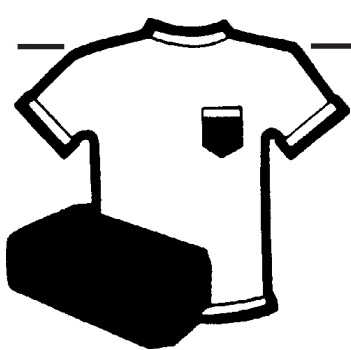


Remove victim
from area of
danger.



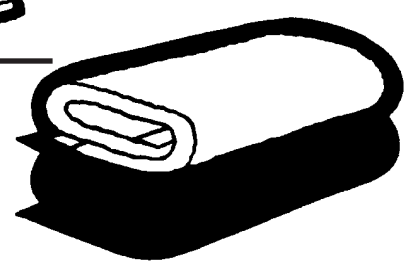
Cool burn area
with cold water.
Continuously flush
a chemical burn.

Never put
grease, butter,
or ointment on
a burn.



Don't remove
clothing from the
burn.

Cover burn
with clean
sheet or
towel.



**Call 911
immediately.**

