

Scalds caused 84% of all burns to children under five.

HOT BEVERAGES

- Put the coffee down when you hold the baby. A wiggling baby can jiggle your arm and spill the drink all over himself.
- Put drinks and soups toward the center of the table away from curious fingers. Babies like to grab things.
- Consider replacing tablecloths with place mats to prevent your child from pulling everything on the table onto herself.
- Solution Hot beverages caused almost one-quarter of the burns to children under five.
- Seventy-six percent (76%) of the people burned by hot beverages were under five.

TAP WATER

- \mathbb{S} It takes only one second for water at 155°F to cause a third degree burn.
- Set your hot water heater to temperatures of 125°F or less. (Massachusetts law states that the temperature must be between 110°F and 130°F.)
- Always supervise young children in the bath. Babies and toddlers like playing with knobs and levers. They may turn on the hot water when you turn your back.
- Solution Test the bath water before you put the baby in it. The temperature of hot water can vary.
- Seventy-one percent (71%) of the tap water scald patients were under five years old.

COOKING

- Solution Turn pot handles inward.
- Establish and enforce a NO zone around the stove. Do not let children play near the stove or barbecue. This protects children from cooking liquids, grease and the hot metal.
- \sim Children under five were 3 $\frac{1}{2}$ times more likely to be burned by cooking activities.
- Twenty-two percent (22%) of all cooking-related burns were suffered by children under five years old.

Statistics were obtained from the 2007 Annual Report of the Massachusetts Burn Injury Reporting System.





P.O. Box 1025, State Road • Stow, Massachusetts 01775 • 978-567-3300 • www.mass.gov/dfs





